

Menu

Main meals

Roast Beef
Roast Lamb
Roast Pork
Roast Chicken
Corned Silverside
Beef Casserole
Beef Lasagne
Braised Sausages

Smaller meals

Macaroni Cheese
Cottage Pie
Lamb Curry
Chicken and Coconut Rice
Potato and Fish Mornay
Chicken Casserole
Savoury Mince (All Day Breakfast)



Ezee Meals are available from:

Khandallah Town Hall

11 Ganges Road

Call 04 479 5420

or

Email info@kthc.nz

Open: Monday - Friday

Home delivery available for the housebound.

\$3.00 per order.

Proudly manufactured by



Home style pre packed
Meals to warm your heart

Ezee Meals

Made locally, Ezee Meals are homestyle dishes that are wholesome and nutritious. They are created fresh and instantly frozen ready for you. Simply heat and eat whenever you like - in the microwave or oven. Also, every meal sold contributes to your local community.



Typical meal analysis from an independent laboratory:

Roast Meals	
Fat (%)	2 – 5
Protein (%)	5 – 8
Carbohydrates (%)	10 – 12
Total Sugar (%)	2 – 3
Energy (kj/100g)	420 – 470
Sodium (mg/100g)	220 – 230
Potassium (mg/100g)	220 – 260

- ✓ **NO added salt**
- ✓ **LOW fat content**
- ✓ **HIGH on taste**



Taste great. Feel even better.

Looking for a delicious meal that fills you up and warms your heart too? Then choose Ezee Meals.

Made with TLC from the freshest available ingredients, Ezee Meals are a tastier, more wholesome alternative to the convenience foods you find in your local supermarket. And great value for money too.

Anyone can buy Ezee Meals. So whether you have difficulty shopping or preparing your own food – or you just want something quick, easy and nutritious – they're the perfect mealtime solution.

Better still, every meal sold contributes to your local community – so you can feel good about what you're eating in every sense.

Meals to warm your heart