

KHANDALLAH TOWN HALL & COMMUNITY CENTRE: *What's On!*

Call us: 479-5420 or email: info@kthc.nz for further info or new activities

MONDAY

Pilates- 9.30 Run by Khandallah Physiotherapy, please contact them for more information.

Walking Group- sets off at 10am from outside 2 Ganges Road. Walk for about an hour then come back to the Town Hall for a cup of tea. (\$1.00 for a drink and biscuit). 'Away' walk first week of each month.

Social Bridge – 10am – 12noon. Lots of laughter and Bridge playing. Learners welcome. (\$2.00)

500 Card Group – 12.15 – 2.45 pm come along and learn to play 500. (\$2.00)

Modified Tai Chi- 1pm – 2 pm \$8.00. Contact Khandallah Town Hall 479 5420

Code Camp – 3.30 – 5pm Important Computer Coding skills for kids of all ages.

Pilates – 6pm Run by Khandallah Physiotherapy, please contact them for more information.

Yoga – 6pm. For more information contact Lisa. lisaoakley2005@yahoo.co.uk

Johnsonville Scottish Country Dancing – 7.15pm www.Johnsonvillescd.org.nz

TUESDAY

Pilates - 9.30-10.30 Run by Khandallah Physiotherapy, please contact them for more information.

Yoga - Lisa 9.30am - 10.30am. For more information contact lisaoakley2005@yahoo.co.uk

Zumba Gold - with Joy 11.00am (\$7.00) 027 776 1101 Just come along!!

Mah Jong -1pm: learners & newcomers welcome! (\$3.00 inc tea/coffee)

Sixties Dancing- First Tuesday of the month 1 pm. Call Judy 027 607 5114 (\$2.00)

NZ Shareholders Assn- 6.30 pm 2nd Tues of month. 0800 697 7478

WEDNESDAY

Te Reo -10 am Every second Wednesday. (\$3.00 includes morning tea) Fiona

Winter Warm Up Exercises. 12.00 – 1.00pm \$2.00 Fiona

Karate - 6pm Enjoy! Everyone with/without a disability. sensei@karatedojo.nz

THURSDAY

Pilates- 9.30- 10.30 Run by Khandallah Physiotherapy, please contact them for more information.

Sit and Be Fit- 10.15 with Fiona. Strengthening & balancing exercises. Lots of low impact fun! \$2.00

Sing for your Life – Community singing with Andrea - 11.00am – 12.30pm.

Family History Group-2pm 1st Thursday /month. Help to write your family history and stories (\$3.00)

Scrabble – 1.30pm- 2nd & 4th Thursday of each month (\$3.00 inc hot drink.)

Rummikub- 1.30pm 1st & 3rd Thurs of month (\$3.00 incl tea/coffee)

Morris Minor Club – 2nd Thursday of the month 7.15 – 8.15

Yoga- with Lisa 7.15pm. For more information contact lisaoakley2005@yahoo.co.uk

FRIDAY

Pilates- 9.30-10.30 am Run by Khandallah Physiotherapy, please contact them for more information.

Craft and Chat – 10.15 am - 1st, 2nd and 3rd Friday of the month. Look forward to seeing you! (\$3.00 includes morning tea)

Book Group - 4th Friday of the month at 10.30am. (\$3.00 Includes Morning Tea)

Art Group- 12.15pm 2nd Friday of the Month. Suitable for beginners to advanced, learn different techniques styles of painting skills. (\$3.00 includes tea/coffee) Contact Helen: helenwilson1@xtra.co.nz

Yoga Retreats/ workshops - 6.45–8.45pm last Fri of month Lisa: lisaoakley2005@yahoo.co.uk

SATURDAY

Wellington Dance - 9am Saturday mornings. Office@wellingtondance.com

SUNDAY

Christ Commission Fellowship at 9.00 am

Ikebana 2nd Sunday of the month. Usually 2- 4 pm Call Sandra 021 498 361