

# **KHANDALLAH TOWN HALL & COMMUNITY CENTRE**

## **WHAT'S ON !!**

Call us: 479-5420 or email: [info@kthc.nz](mailto:info@kthc.nz) for further info or new activities

### **MONDAY**

**Pilates**- 9.30 Run by Khandallah Physiotherapy, please contact them for more information.

**Walking Group**- sets off at 10am from outside 2 Ganges Road. Walk for about an hour then come back to the Town Hall for a cup of tea. (\$1.00 for a drink and biscuit).

'Away' walk first week of Month.

**Modified Tai Chi**- 1pm – 2pm \$8.00 Contact Khandallah Town Hall 479 5420

**Social Bridge** – 10am-12noon. Lots of laughter & Bridge playing. Learner's welcome (\$2.00)

**Card Group 500** - come along and learn to play 500. Starting at 12.15pm -2.45pm. (\$2.00)

**Pilates** – 6pm Run by Khandallah Physiotherapy, please contact them for more information.

**Yoga** – with Lisa 6pm. For more information contact [lisaoakley2005@yahoo.co.uk](mailto:lisaoakley2005@yahoo.co.uk)

**Johnsonville Scottish Country Dancing** – 7.15pm [www.Johnsonvillesc.org.nz](http://www.Johnsonvillesc.org.nz)

### **TUESDAY**

**Pilates**- Run by Khandallah Physiotherapy, please contact them for more information.

**Yoga**- Lisa 9.30am - 10.30am. For more information contact [lisaoakley2005@yahoo.co.uk](mailto:lisaoakley2005@yahoo.co.uk)

**Zumba Gold** - with Joy 11.00am (\$7.00) 027 776 1101

**Mah Jong** -1pm: learners & newcomers welcome! (\$3.00 inc tea/coffee)

**Sixties Dancing**- First Tuesday of the month 1 pm. Call Judy 027 607 5114 (\$2.00)

**NZ Shareholders Assn**- 6.30 pm 2<sup>nd</sup> Tues of month. 0800 697 7478

### **WEDNESDAY**

**Karate**– 6pm Enjoy! Everyone with/without a disability. [sensei@karatedojo.nz](mailto:sensei@karatedojo.nz)

### **THURSDAY**

**Pilates**- Run by Khandallah Physiotherapy, please contact them for more information.

**Sit and Be Fit**– strengthening and balance exercises at an easy pace, lots of low impact fun whilst sitting. 10.15 am with Fiona. (\$2)

**Sing for your Life** – Community singing with Andrea - 11.00am – 12.30pm.

**Family History Group**- 1<sup>st</sup> Thursday of the month at 2.00pm -This is a group to support and help you write up your family history and stories (\$3.00 inc hot drink.)

**Scrabble** – 1.30pm- 2<sup>nd</sup> & 4<sup>th</sup> Thursday of each month (\$3.00 inc hot drink.)

**Morris Minor Club** – 2<sup>nd</sup> Thursday of the month 7.15 – 8.15

**Yoga**- with Lisa 7.15pm. For more information contact [lisaoakley2005@yahoo.co.uk](mailto:lisaoakley2005@yahoo.co.uk)

### **FRIDAY**

**Pilates**- Run by Khandallah Physiotherapy, please contact them for more information.

**Craft and Chat** – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Friday of the month at 10.15am

Look forward to seeing you! (\$3.00 includes morning tea)

**Book Group** - 4th Friday of the month at 10.30am. (\$3.00 Includes Morning Tea)

**Art Group**- 12.15pm 2<sup>nd</sup> Friday of the Month. Suitable for beginners to advanced, learn different techniques styles of painting skills. (\$3.00 includes a hot drink)

**SATURDAY** - **Wellington Dance** - 9am Saturday mornings. [Office@wellingtondance.com](mailto:Office@wellingtondance.com)

**SUNDAY** – **Christ Commission Fellowship** at 9am

**Ikebana** 2<sup>nd</sup> Sunday of the month. Usually 2- 4 pm Call Sandra 021 498 361